



INDEPENDENT LIVING,
ASSISTED LIVING & MEMORY CARE

MEMORY CARE SERVICES



INSPIRED • ENGAGED • FULFILLED



INSPIRED • ENGAGED • FULFILLED

If someone you love is living with memory loss from Alzheimer's disease or another form of dementia, you want the very best for them.

The best care. The best services. The best surroundings. The best opportunities.

*You'll find the best of everything at **YOUR Life™** of Palm Beach Gardens Memory Care.*

YOUR Life™ of Palm Beach Gardens Memory Care was created with one purpose - to provide the most exceptional care and uplifting lifestyle for our residents.

Our expert Memory Care Team focuses all of their energy, attention and resources on residents with memory loss, allowing person-centered care catered to residents while providing unequalled peace of mind for families.

This is Memory Care with meaning. Nothing else compares.

MEMORY CARE
With Meaning

PERSONALLY INSPIRED CARE

Promoting Independence

At **YOUR Life™**, we see each resident as an individual, understanding that everyone has his or her own story, specific needs and retained abilities. With that information, we develop personally inspired care plans that value and support each person's independence.

Whether it's a simple reminder to brush teeth in the morning or patiently guiding them with step-by-step instructions on how to brush teeth, we deliver the care, support and cues needed.

CARING TEAM

Our team of attentive, caring **YOUR Life™** Personal Care Specialists is on site 24 hours a day, seven days a week, granting peace of mind to residents and their families.

Based on individual needs, **YOUR Life™** Personal Care Specialists assist with all activities of daily living, including:

Gentle reminders & redirection

Bathing

Grooming

Dressing

Walking/escorts

Eating

Medication management provided by Licensed Nurses



WHERE **YOUR** *Story* COMES TO LIFE
Services, Amenities and Programming

Our signature program, **YOUR** *Story*, creates an individual experience centered around each resident, encompassing services, amenities, activities, dining and more ... all designed for you, but more importantly, defined by you.



SERVICES

From help that frees residents from the responsibilities of daily chores to **YOUR Story** programming designed to uplift and inspire, we offer a variety of services that create beautiful days.

Daily **YOUR Story** activity programming, including:

Cultural, educational and health/wellness programs

Scheduled outings and other special events

Music therapy

Art therapy

Pet therapy

Exercise and fitness programs

Personally inspired Alzheimer's and dementia care

Trained Personal Care Specialists available 24 hours a day

Assistance with activities of daily living

Licensed nursing staff on site 24 hours a day

Ongoing monitoring of health and wellness needs

Housekeeping and linen services

Personal laundry services

Scheduled transportation

All utilities (except telephone)

YOUR Story programming is individually developed to include favorite hobbies and activities, as well as create opportunities to learn and pursue new endeavors.

SERVICES AVAILABLE FOR AN ADDITIONAL FEE:

Beauty salon/barber shop

Manicure/pedicure

Guest meals

Non-scheduled transportation

Appointment escort and companion service

Medical/care supplies



A photograph of a dining table setting. In the foreground, a clear wine glass is partially filled with a light-colored liquid. To its right, a silver fork and a green napkin are visible. The background is softly blurred, showing a person's hands and another glass. A semi-transparent orange rectangle is overlaid on the right side of the image, containing text.

DINING

At **YOUR Life™**, we place great emphasis on our dining services. After all, enjoying delicious food is one of life's greatest pleasures.

We take pride in serving homemade, from-scratch meals using fresh, locally sourced ingredients for the most mouthwatering and satisfying experiences possible. Served in our dining rooms, all dishes are elegantly presented, making each meal an event to be savored from start to finish. To keep options fresh, the menus are varied and feature seasonal selections. We especially look forward to holidays, when we serve traditional favorites that bring back cherished memories.

We offer several dining programs to meet the special needs of our residents.

Altered Consistency Dining - Those with memory loss may experience difficulty swallowing. If that happens, we provide altered consistency dining choices that are delicious, nutritious and served in attractive presentations such as parfaits, soufflés and more.

Finger Food - If residents lose the ability to dine with utensils, specialized finger foods allow them to dine independently.



Food on the Go - If the dining experience is interrupted by the need to wander or pace, we offer “food on the go,” allowing residents to walk freely and eat at the same time.

Enhanced Dining - For those who cannot eat independently, we provide hand-over-hand assistance, helping the resident enjoy their meal by assisting with serving and feeding, as well as cueing, prompting and encouraging them to do whatever they can independently.

FEELING AT HOME IN YOUR NEIGHBORHOOD

Moving to a large community can be overwhelming, but not at **YOUR Life™**. We offer small, easy-to-navigate neighborhoods that create safety and familiarity. Warm and inviting, the neighborhoods are bright and open, encouraging residents to move about freely. These are places where friendships flourish and residents feel right at home.

Each neighborhood features:

Sun-filled private and friendship suites

Heart of the Home Kitchen, where residents gather for meals, conversation and camaraderie

Lovely living areas

Creative Expressions - specially designed spaces for programming and activities

Access to outdoor courtyards

Serenity Room

Life Stations, such as a nursery and business office, that invite residents to rediscover and reconnect with the happiness and fulfillment they enjoyed during their lives





RESPITE STAY

We respect those who care for their loved ones at home, and we also understand that you need time for yourself, too. Our Respite Stays program offers personalized support, ***YOUR Story*** programming, services and amenities for your loved one so you can have time to yourself with complete peace of mind. Respite care is also an ideal solution when post-hospital recovery or rehabilitation is needed, and it can be an easy way to transition your loved one into their new home without the feeling that it's permanent.

COMMUNITY AMENITIES



A warm, welcoming community, **YOUR Life™** immerses residents in comfort and ease. This is a community designed to make every day a joy, with amenities including:

Wellness Center for on-site physician appointments

Salon and spa

Enclosed screen patio and covered porch for outdoor enjoyment

Alarmed interior and exterior doors

Smoke detectors and sprinkler systems throughout community

A secure and superbly landscaped central memory park invites residents to enjoy the sun, warmth and fresh air. The park features abundant seating – in sun and shade – a water feature, pergola with seating, BBQ grill, raised gardening beds, outdoor exercise areas and putting greens.

WELLNESS TECHNOLOGY

At **YOUR Life™**, resident wellness is at the heart of everything we do. With the implementation of advanced technology, we take living well to a new level of convenience and innovation.

State-of-the-art Wellness Bands provide keyless entry into suites, enhancing security without any worries about keys, fobs or codes. The bands also track steps, alert staff to potential falls, monitor skin temperature and can be used to call for assistance.

Touch-screen TVs provide a host of group and individual engagement activities for residents and allow families to engage with their loved ones in real time.

Electronic care devices provide instant response and access to records at a fingertip. Staff members carry the devices at all times to provide real-time wellness and support.



YOUR *Life*[™]
OF PALM BEACH GARDENS

INDEPENDENT LIVING,
ASSISTED LIVING & MEMORY CARE

Inspired • Engaged • Fulfilled

THIS IS THE MEMORY CARE YOUR LOVED ONE DESERVES

Make sure your loved one delights in the very finest care, a personalized experience designed just for them, and an inspiring lifestyle that makes every day a joy.

You'll find it all. *Right here.*

To learn more about **YOUR** *Life*[™] of Palm Beach Gardens Memory Care, we invite you to call or visit our website today.

561-266-4687 | YourLifePBG.com

13469 Pasteur Boulevard | Palm Beach Gardens, FL 33418

